

Camp Lutherhoma Summer 2023 Information Sheet

Recharge Young Adult Retreat

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Dear Friend,

Thank you for registering for the new Recharge Young Adult Retreat! A camp experience is a tremendous chance for growth, fun, and enrichment. I hope everyone who attends Camp Lutherhoma grows in their faith, develops meaningful friendships, and experiences the beauty of God's Creation. We look forward to seeing you at camp!

In Christ,

John Busch, Camp Director

Before Your Week at Camp

- Read this information page including the Packing List.
- Tell a friend to join you at camp!

Medication, Insurance, and Health Form

You will be able to keep your medications. Please bring them in the original containers with clear labels.

Each camper is expected to have medical insurance with his/her family to cover accidents and illnesses. This information should be documented on your Health Form. This form will be vital to us as we care for you. No camper can be admitted to camp unless this form is completed.

To update your health form:

1. Log in to your camp account at www.lutherhoma.com
2. Click on your name.
3. Click My Forms, then Summer Health Form Camp Lutherhoma to review and make changes to the health form.

Refund Policy If a camper cancels 2 or more weeks prior to the start date of their camp session they will be refunded all but the \$50 deposit. If the camper cancels less than 2 weeks to the camp date, no refund will be given.

Camp Check-In Friday, August 11 at 4-7pm

Check in at Pine Retreat Cabin at 7pm. Camp will be open starting at 4pm if you want to arrive early and relax around camp (pool will be open). No dinner will be provided Friday night, but there are lots of great dining options in Tahlequah.

Things We Might Do!

The schedule for Recharge will include plenty of time to hang out and get to know other Christian young adults. We will offer many typical summer camp activities on site and in the Tahlequah area.

We will be in God's Word through Bible studies, First Word, Devotions, Worship and singing, and topical discussions. There will be plenty of time to swim in the pool, hike, play games, and enjoy God's Creation. Great food and snacks will be prepared by our awesome staff.

The Camp Store will be available for shopping at a few scheduled times.

Packing List:

- Bedding- You will be staying in Pine and Aspen Retreat Cabins. Bedding and towels will be provided.
- Plenty of clothes
- Close-toed shoes- In order to avoid injuries to the feet, we prefer that all campers wear close-toed shoes only.
- Sandals for traveling to and from the pool
- Toiletries including shampoo, body wash, deodorant, toothbrush, toothpaste, hair brush.
- Pool towel
- Sunscreen and bug spray
- Bible- any translation is fine.
- When packing your clothes, especially swimsuits, please consider that as Christians we need to be modest with our appearance. We might ask campers to wear a t-shirt over their swimsuit.
- **Please leave at home:** radios, tablets or other valuables. Campers and guests should not bring cigarettes, tobacco products, alcohol, knives, or weapons.

Departure Time is Sunday at 11:45 am

We will have a closing worship time together on Sunday morning at 11:00. After worship, all are welcome to enjoy lunch together in Tahlequah before leaving.